

Lamorinda OUR HOMES

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Give your bedroom some love this Valentine's Day

By Paula King



Isabelle Hechinger and Julia Neyshloss decorate a bed at Misto Lino Lafayette

Photo Andy Scheck

Although a third of our lives are spent in our bedrooms and they often become our sanctuary, local designers say that bedrooms often lack depth, warmth and consistency. With Valentine's Day on the horizon, it is an ideal time to focus more attention on where we rest, retreat and share romantic moments.

Kathleen Burke of Lafayette's Kathleen Burke Design said that consistency is key in bedroom furnishings and that starts with careful choices for furniture and color. She noted that appealing design takes restraint and not every piece that you love will work in your bedroom.

"We work with our clients to make careful choices, so everything in their bedroom is absolutely necessary and it all works together," she said. "Staying with a cohesive color scheme is essential to keep a bedroom in harmony."

A new coat of paint can make a huge impact to a room that needs a fresh change and new color mixing technology allows modern paint colors to have more depth.

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